# Sonoma State University

Sociology Major Requirements & Advising Worksheet

(updated SPRING 2025)

See a SOCIOLOGY ADVISOR in [office hours](http://sociology.sonoma.edu/advising)

The Sociology major is designed to take four semesters to complete.

# Course Requirements: Units:

**Core Courses (minimum grade of C- required)**

SOCI 201: Introduction to Sociology (GE L4) 3

SOCI 300: Sociological Research Methods 4

*Prerequisite: SOCI 201* (GE L4)

SOCI 375: Sociological Theory 4

*Prerequisite: SOCI 201* (GE L4)

MATH 165 (GE L2) or SOCI 301 (GE U2) 3-4

*SOCI 301 Prerequisites: GE Golden Four w/ C- or better, L2, and 45 units*

Sociological Experience Course 4

SOCI 498WIC: Senior Seminar 4

*Prerequisites: SOCI 201, SOCI 300, SOCI 375, MATH 165/SOCI 301, 12 additional SOCI units; graduating senior. WIC Course: Meets University GWAR Requirement*

# Total Core Units 22-23

# Elective Courses (no minimum grade)

 SOCI Electives to reach min. of 43 units 20-21

# Total Minimum Units in the Major 43

## Notes on Major Requirements:

1. Students must complete the major using the catalog requirements in place at the time they declare the major.
2. **Minimum Grade of C-:** Students must earn a C- in each core course. There is no minimum grade for electives.
3. **SOCI 300 and 375 Prerequisite:** SOCI 201 (with a minimum grade of C-)
4. **SOCI 301 Prerequisites:** GE Golden Four w/ C- or better, L2, and at least 45 units
5. **SOCI 300 and SOCI 375 Recommendation:** do not enroll in these classes in the same semester.
6. **SOCI 498WIC Prerequisites:** SOCI 201, SOCI 300, SOCI 375, MATH 165/SOCI 301 (each with a minimum grade of C-); 12 additional Sociology units; senior standing. Students must have filed (and be eligible) for graduation in the semester in which they plan to take SOCI 498WIC. In practice, in order to enroll in SOCI 498WIC, students must have completed all major requirements other than two 4-unit sociology electives and SOCI 498WIC itself.
7. **Lower Division Work:** Sociology majors may apply up to **eight** units of lower-division sociology credit towards the major. Of these eight units, no more than **four** may be non-SSU transfer credit. If a lower division course is used to meet the statistics requirement, it does not count against either of these limits.
8. **Contract Courses:** Students may take up to **eight** units each of 493 (Research Assistant), and 495 (Special Studies), but only **four** combined units of SOCI 490, 493, and 495 will count toward the major.
9. **General Education:** Sociology GE courses may be used to meet both Sociology requirements and GE requirements at the same time.
10. **Letter Grades:** Courses for the major must be taken for a letter grade (A-F), except when not available in the A-F mode.

## Statistics Requirement

*Majors must take one of the following courses or another course designated by the Sociology Department as meeting the statistics requirement.*

MATH 165 – Elementary Applied Statistics (GE L2)

SOCI 301 – Statistics and Society (GE U2) Prereqs: GE Golden Four w/ C- or better, L2, and 45 units

## Sociological Experience Requirement

*The Sociological Experience requirement provides students with opportunities to develop awareness of social issues, use sociological perspectives and methods to address social problems engage with the community outside of the university, develop experiences that provide job skills, and enhance their knowledge about careers. Majors must take at least one course designated as meeting the requirement.*

SOCI 306 – Careers in Sociology

SOCI 388 – Selected Topics in Service Learning

SOCI 389 – Poverty and Inequality

SOCI 455 – Social Welfare & Health

SOCI 460 – Social Work in the Social World SOCI 482 – Environmental Justice and Policy

## General Education Courses in Sociology GE Area

Lower Division

SOCI 201 – Introduction to Sociology (3) 4: Social Sciences

SOCI 225 – Social Problems and Promises 3B: Arts-Humanities

SOCI 250 – Self and Society 4: Social Sciences

SOCI 263 – Sociology of Race and Ethnicity (3) 4: Soc. Sciences + Critical Race Studies (does not meet Area 6)

Upper Division

SOCI 301 – Statistics and Society (3) 2: Science-Quantitative Reasoning

SOCI 317 – Emotions and Social Life (3) 4: Social Sciences

SOCI 325 – Sociology of the Arts (3) 3: Arts-Humanities

SOCI 326 – Social Psychology (3) 4: Social Sciences

SOCI 431 – Sociology of Religion (3) 3: Arts-Humanities

SOCI 457 – Inequality and Institutions (3) 4: Social Sciences

## Sociology Courses – Core

SOCI 201 – Introduction to Sociology **(GE L4: Social Sciences)**

SOCI 300 – Sociological Research Methods

SOCI 301 – Statistics and Society **(GE U2: Science & Quantitative Reasoning)**

SOCI 375 – Sociological Theory

SOCI 498WIC – Senior Seminar **(WIC: Writing Intensive Course / Meets GWAR)**

## Sociology Courses – Electives

SOCI 225 –Social Problems and Promises (**GE 3B: Arts & Humanities**)

SOCI 250 – Self and Society **(GE L4: Social Sciences)**

SOCI 263 – Sociology of Race and Ethnicity (**GE L4: Social Sciences)**

SOCI 301 – Statistics and Society **(GE UD B: Science & Quantitative Reasoning)**

SOCI 306 – Career Planning for Sociology Majors *(meets Sociological Experience Requirement)*

SOCI 310 – Sociology of Immigration SOCI 312 – Sociology of Gender SOCI 314 – Deviant Behavior

SOCI 315 – Socialization

SOCI 317 – Emotions and Social Life **(GE U4: Social Sciences)**

SOCI 319 – Aging and Society

SOCI 325 –Sociology of the Arts **(GE U3: Arts &Humanities)**

SOCI 326 – Social Psychology **(GE U4: Social Sciences)**

SOCI 328 – Sociology of the Environment SOCI 329 – Sociology of Climate Change SOCI 330 – Sociology of Media

SOCI 332 – Death and American Culture SOCI 335 – Sociology of Globalization

SOCI 340 – Drugs and Society SOCI 345 – Sociology of Families SOCI 347 – Social Stratification

SOCI 350 – City and Community Life SOCI 360 – Sociology of Sexualities SOCI 366 – Juvenile Justice

SOCI 380 – Political Sociology SOCI 381 – Population and Society

SOCI 382 – Social Movements and Collective Behavior SOCI 383 – Science, Technology, and Society

SOCI 384 – Consumption and Inequality

SOCI 385 – Sociology of Culture

SOCI 388 – Selected Topics in Service Learning *(meets Sociological Experience Requirement)*

SOCI 389 – Poverty and Inequality (*meets Sociological Experience Requirement*)

SOCI 397 – Special Topics SOCI 414 – Social Interaction

SOCI 417 – Sociology of Mental Health and Illness

SOCI 425 – Urban Sociology

SOCI 431 – Sociology of Religion **(GE U3: Arts & Humanities)**

SOCI 434 – Cinema and Society

SOCI 440 – Sociology of Reproduction SOCI 443 – Social Policy in the 21st Century

SOCI 445 – Sociology of Childhood and Adolescence SOCI 449 – Sociology of Power

SOCI 450 – Punishments and Corrections SOCI 451 – Sociology of Education

SOCI 452 – Health Care, Illness, and Society

SOCI 455 – Social Welfare and Health (*meets Sociological Experience Requirement*)

SOCI 457 – Inequality and Institutions (**GE U4: Social Sciences)**

SOCI 460 – Social Work in the Social World (*meets Sociological Experience Requirement*) SOCI 461 – Social Work and Social Welfare

SOCI 463 – Organizations and Society SOCI 480 – Sociology of Work

SOCI 482 – Environmental Justice and Policy (*meets Sociological Experience Requirement)*

SOCI 485 – Organizations and Everyday Life

## Contract Courses (These Require Individual Arrangements with Faculty)

SOCI 493 – Research Assistant

SOCI 495/595 – Special Studies

**Advising Worksheet** Student Name

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Course*** | ***Units Possible*** | ***Units Taken*** | ***Semester and Year Taken*** | ***Grade Earned*** |
| *SOCI 201: Introduction to Sociology (GE L4)* | 3 | 3 |  |  |
| *SOCI 300: Sociological Research Methods* | 4 | 4 |  |  |
| *SOCI 375: Sociological Theory* | 4 | 4 |  |  |
| *Statistics Requirement: MATH 165 (l2) or SOCI 301 (U2)* | 3-4 | 3-4 |  |  |
| *Sociological Experience Requirement:*  | 4 | 4 |  |  |
| *SOCI 498WIC: Senior Seminar* | 4 | 4 |  |  |
| **Total Units in Core Courses** | **22-23** | --- | --- | --- |
| *Upper Division Sociology Elective:*  | 4 | 4 |  |  |
| *Upper Division Sociology Elective:*  | 4 | 4 |  |  |
| *Upper Division Sociology Elective:*  | 4 | 4 |  |  |
| *Lower or Upper Division Sociology Elective:*  | 4 | 4 |  |  |
| *Additional Sociology Units (as needed):*  | 4 |  |  |  |
| **Total Additional Elective Sociology Units** 2, 3, 4 | **20-21** | --- | --- | --- |
| **Minimum Major Units Required for Graduation****Total Major, GE, and Elective Units Required for Graduation** | **43**120 | --- 120 | ------ | ------ |

Notes: **(1)** A maximum of eight lower-division sociology units will count toward the major; of these, only four non-SSU sociology units will count. **(2)** Only four units of SOCI 499 will count toward the major. **(3)** Only four combined units of SOCI 493 and 495 will count toward the major. **(4)** Courses for the major must be taken for a letter grade (A-F), unless not available in that mode.